



# KRISHNA INTERNATIONAL SCHOOL



## HOSTEL STUDENTS SCHEDULE

<b>05:30 AM to 06:00 AM</b>	<b>Wark up and Fresh</b>
<b>06:00 AM to 06:30 AM</b>	<b>Yoga and Exercise</b>
<b>06:30 AM to 07:00 AM</b>	<b>Bath</b>
<b>07:00 AM to 07:30 AM</b>	<b>Breakfast</b>
<b>07:30 AM to 01:00 PM</b>	<b>School Time</b>
<b>01:00 PM to 01:45 PM</b>	<b>Lunch</b>
<b>01:45 PM to 02:00 PM</b>	<b>Rest</b>
<b>02:00 PM to 04:00 PM</b>	<b>Reading in School</b>
<b>04:00 PM to 04:30 PM</b>	<b>Snacks</b>
<b>04:30 PM to 06:45 PM</b>	<b>Sports Time</b>
<b>06:45 PM to 07:00 PM</b>	<b>Assembly</b>
<b>07:00 PM to 08:00 PM</b>	<b>Dinner</b>
<b>08:00 PM to 10:00 PM</b>	<b>Reading</b>
<b>10:00 PM to 05:30 AM</b>	<b>Rest</b>